

Information Page

2018/2019 Club Executive

President: Warren Hayden
VPE: Kevin Sherry
VPM: Cheryl Lukritz
VPPR: Willem Steentsma
Treasurer: Dudley Cowan
Secretary: Marianne Steentsma
SAA: Jeanette Hayden

Meeting Dates

Meeting Dates: We Meet every 2nd Monday of each Month

Starting Time: 7.00 for 7.30 pm.

Location: Humanities Building

The Gold of Toastmasters

I believe that Toastmasters is golden! Do you? How have you personally and professionally benefited from Toastmasters?

At Coolum Communicators in Queensland, Australia, the 2017-18 Club President Mat Bridges, ACB, ALB, began club meetings in a new way. He welcomed members and guests by asking, "Fellow Toastmasters, since our last meeting who here has achieved something outside of the club due to a skill you have developed in Toastmasters?"

Continue reading T. Magazine Sept. 2018



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The Bulletin



Heart of the City Toastmasters

Club #3651842, Area 11, Western Div. District 69
November 2018 #13

President's Corner

We recently had Area's 11 and 29 conference in Ipswich which was an excellent day. Congratulations to Dudley Cowan winning the International and Table Topics competition, and Cheryl Lukritz the Evaluation section. Dudley and Cheryl will now compete at Western Division conference in February.



In my last article I mention about introducing education training sessions for our meetings. Toastmasters International website under the heading of "Resources" tab has so much information on training, that there are too many too mention. I have type up the list of topics and will distribute these to you tonight.

Toastmasters training information is available to all HOTC members, and I would encourage all members to consider delivering any of these topics at one of our future meetings.

Please if you would like any more information about Toastmaster's training material, please come and talk to me.

Warren Hayden

President 2018/2019

Speaker Meet Your New Best Friend: The Lectern

Speakers need to learn to not fear the lectern.

As a speaker, almost every speech that you give will be different from the speech that you gave last time. However, there is one thing that will be common from speech to speech – **you'll probably find yourself standing behind a lectern**. This means that you're going to have to learn how to use this important speaking tool and not allow it to take away from your next speech.

Is It A Lectern Or Is It A Podium?

All too often when we start to talk about a lectern, we speakers find ourselves getting all tangled up in a long and involved discussion over the importance of public speaking and whether or not we are talking about a lectern or a podium. In all honesty, it really doesn't matter for this discussion, but just to set the record straight **a lectern is the stand that holds your notes** and a podium is the raised platform that you stand on. (Editor: Good topic—informative speech).

No matter what you choose to call it, it's **how you approach it** when you are coming to the front of the room to give your speech that really matters. When you've been introduced, make a bee-line for the lectern and don't waste time talking to people on your way up.



Once you arrive at the front of the room, take the time to shake the hand of the person who has introduced you. This is a clear sign to your audience that you are now taking control of the lectern. Step behind the lectern, place any materials that you've brought with yourself on it and then **you'll be ready to deliver your speech**.

To all Toastmasters who celebrate a birthday during the month of November

Happy birthday.



The Importance of Education in a Toastmasters Club

Toastmasters International has a suite of presentations that take shape as the *Better Speaker* and *Successful Club Series*. Typically given by more experienced members, the presentations aim to help us: 1) improve as speakers; 2) maximise the benefits of membership through education, and 3) to pave the way for future leadership within the club and beyond.

A fantastic element of Toastmasters is that it operates on the basis of '*learning by doing*'. In my opinion this can also be a shortcoming. Let me explain.....

Over coffee *a suggestion for HOC?* at a TM meeting, it was rightly pointed out that there's a difference between **knowing and understanding how to do something**. In my experiences, '*sticking to what you know*' can be a bad thing; I prefer to regard that as a '*façade of belligerence*' in certain contexts, particularly with people who are entrenched in their ways.



I always feel that it's important to '*keep the head out of the sand*' as it were, and take a few steps back. Once that capacity of awareness has been reached, it's then important to take a look around and define the missing elements from what it is we already **know**, and go on to incorporate these missing elements to help increase our **understanding**. Ultimately this is how we improve and get ahead, which in turn maximises our development as members of Toastmasters.

Attending meetings lately, one of the major things I realised that our club was lacking regular education sessions. Thankfully, a similar sentiment was echoed throughout our committee, and we decided to do something about it. (Refer: President's Corner)

