



TOASTMASTERS
INTERNATIONAL

Lockyer Valley Toastmasters Club NEWSLETTER: February 2019

Club Leaders 2018/19

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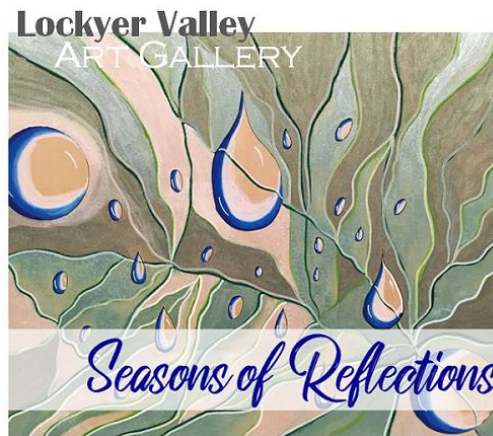
Matthew McDiarmid

Club Meetings

Senior Citizens Centre
13 North Street, Gatton QLD

**2nd, 4th & 5th Thursdays of
the month**

**Meets from 7:15pm for a
7:30pm start**



On display from 25 January until 3 March 2019

By *Maddie Tyler*

Seasons of Reflections is a stunning display of dramatic, colourful and nature inspired artworks.

Maddie Tyler's style presents a unique body of work capturing diverse subjects from landscape to nature.

View until 3 March 2019 at the Lockyer Valley Art Gallery.



WHERE LEADERS ARE MADE

Toastmasters International half-yearly membership dues

Membership payments for the next renewal period (1 April – 30 September 2019) are now being accepted. Please see Treasurer, Neil Cole to make a payment.

To keep our Club in good standing, we need to submit all members' payments before 30 March 2019.

Our Club has kept the half-yearly dues at \$75.00 per person, most of which is submitted to Toastmasters International.

We need to be mindful that the minimum requirement for a Club to survive is eight members — three of whom must be renewing members from the previous period.

"Paying your dues isn't always fun, but it pays you back 100 times if you do it with a happy heart! (Anon)"

Coming Events

8 February 2019 – Future Business Leaders Conference at Level 29, 10 Eagle Street, Brisbane from 12noon to 6:00pm

9 February 2019 – Club Leader Training at the Lockyer Valley Cultural Centre, Gatton from 12:30pm to 5:30pm

9 February 2019 – Moreton Division Leaders Day at 2nd Floor, MBIC Rooms, Redcliffe Hospital from 9:15am to 4:00pm

23 & 24 February 2019 – District 69 Western Division Conference at the Goondiwindi Waggamba Community Cultural Centre, Goondiwindi

Have a laugh.....no bull!

A police officer stopped at a farm and demanded to search for illegal drugs. The farmer said that was fine, but told him to stay away from the bottom paddock.

Agitated by this, the officer exploded. “Do you see this badge son! This badge means I can go where I please, when I please, how I please! You have no authority when it comes to telling me where I can go!”

The farmer nods and politely goes about his business. A short time later he hears screaming and looks to see the officer being chased by a big old mean bull.

Just as it looks as though the bull is about to gore the officer, the farmer drops his tools, runs to the fence, and screams “your badge, show him your badge”



The Country Women's Association – the heart of country



The Country Women's Association of Australia (CWAA) has been at the heart of country life for almost 100 years, feeding families, preparing food for friends, preserving fresh produce and baking for loved ones everywhere.

In addition, CWAA advances the rights and equity of women, families and communities in Australia through advocacy and empowerment, especially for those living in rural, regional and remote Australia.

To celebrate decades of great country food, the CWAA has just released an updated collection of their very best recipes, in a handsome companion to their bestselling hardback, *Country Women's Association Classics*. The recipes are typical of the home-style cooking synonymous with the CWAA.

There are great recipes for salads, soups, casseroles, pies and hearty bakes. Fancy a yummy pudding, cake, biscuit or slice? Use surplus fruit and vegetables to bottle up pickles, chutneys, lemon butter and quince paste.

These simple yet wonderful foods have been well tried, cooked and tested by the nation's experts. Purchase the publications at www.penguin.com.au



***We know that without food we would die.
Without fellowship, life is not worth living
(Laurie Colwin)***

“To travel is to live”
(Hans Christian Andersen)

Luv ya Brisbane - According to the travel company, TripADeal, one of its seven hottest travel destinations for 2019 is Brisbane! Believe it or not! It is listed with Uzbekistan, Lebanon, Cyprus, Trinidad, Malta, and Wuxi in China.



TripADeal suggests Brisbane is currently experiencing a renaissance of sorts, with an enviable 282 days of sunshine every year, good food, and great shopping, culture and lifestyle.

The travel company further submits Brisbane CBD has all the offerings of a world-class city, with art galleries, impressive architecture, late night drinking dens, and Michelin star-rated chefs! And, they believe the locals are friendly!

Apparently, Brisbane is scorching hot for that quick domestic getaway. **So, why not have a night or two in Brisbane and attend some of the great Toastmasters clubs there.**



Some Brisbane Clubs to visit

(randomly selected from the Toastmasters International 'Find a Club' site – there are many more to choose from)

ACS Toastmasters Club

1st & 3rd Wednesday 12:30pm - 1:30pm
Brisbane Square Library
Ground Floor, Community Meeting Room
George Street Brisbane
Phone: 0416 420 163

Brisbane Central Club

1st & 3rd Monday 6:00pm for 6:30pm
Grand Central Hotel
270 Ann Street Brisbane City
Phone: 0407 731 280

C. B. D. Thursday Club

1st, 3rd, & 5th Thursday 12:30pm
Level 29, CPA Australia
AMP Place, 10 Eagle Street Brisbane
Phone: 0434 355 936

Forex

2nd, 3rd, 4th and 5th Friday 12pm - 1pm
Ground Floor Meeting Room
Brisbane Square Library
266 George Street Brisbane
Phone: 0402 477 083

Indooroopilly Toastmasters Club

2nd & 4th Tuesday 6:45pm for 7:00pm
St Andrew's Hall
89 Fairley Street Indooroopilly
Phone: 3272 0520

Southbank Toastmasters Club

2nd & 4th Wednesday 6:15pm
Melbourne Hotel
2/10 Browning Street, West End
Phone: 0404 552 019

Sunnybank Club

2nd, 4th & 5th Tuesday 6:30pm - 9:00pm
Holland Park Hotel
Upstairs Function Room
945 Logan Road, Holland Park
Phone: 0421 224 474

Sunrise Toastmasters Club

3rd Thursday 9.30am
Carindale Library meeting room
Millenium Drive, Carindale
Phone: 0401 993 745

Calling for club coaches

Several clubs in our Area 29 and beyond are in need of support. As these clubs have 12 or less members, District 69 (D69) is looking for volunteers to be their coaches. In particular, D69 are encouraging Distinguished Toastmasters (DTMs) to consider sharing skills acquired through their Toastmasters journey.

As clubs are entitled to two club coaches, members may consider working with a less experienced Toastmaster who wants to develop skills as a coach.

To be a club coach, you need to:

- . have a genuine desire to assist the club to rebuild membership and the quality of their meetings so the membership retention is strong.
- . build a rapport with club leaders and members.
- . observe and analyse the club environment, then assist the club in generating solutions.
- . help the club develop a plan with goals for improvement.
- . enable the club to achieve goals.
- . instill enthusiasm, fidelity, and a sense of responsibility for the club's future.

To qualify as a club coach, coaches are Toastmasters who are not members of the struggling club and are not currently familiar with the club or its members.

This outsider perspective allows the coaches to view the club objectively. Although coaches can't be members of the club at the time of appointment, they may join the club after being assigned.

District 69 expects that club coaches will have been members of Toastmasters for at least two years and have achieved Competent Leader (CL) and Competent Communicator (CC) in the traditional program or completed at least level 2 in Pathways.

This will enable the approved club coach to complete a project towards their Advanced Leader Silver (ALS) or Pathway. They will also gain the satisfaction of assisting fellow Toastmasters in their time of need. (precis of letter to members from Simon Cornwill, D69 Public Relations Manager, 4 Oct 2018)



Please see President Robert for further details.

Life lessons

1. A sales rep, an admin clerk, and the business manager are walking to lunch when they find an antique oil lamp. They rub it and a Genie comes out. The Genie says, 'I'll give each of you just one wish.'

'Me first! Me first!' says the admin clerk. 'I want to be in the Bahamas, driving a speedboat, without a care in the world.' Puff! She's gone.

'Me next! Me next!' says the sales rep. 'I want to be in Hawaii, relaxing on the beach with my personal masseuse, an endless supply of Pina Coladas and the love of my life.' Puff! He's gone.

'OK, you're up,' the Genie says to the manager who requests, 'I want those two back in the office after lunch.'

Moral of the story: Always let your boss have the first say.

2. A turkey was chatting with a bull. 'I would love to be able to get to the top of that tree sighed the turkey, 'but I haven't got the energy.' 'Well, why don't you nibble on some of my droppings?' replied the bull. They're packed with nutrients.'

The turkey pecked at a lump of dung, and found it actually gave him enough strength to reach the lowest branch of the tree. The next day, after eating some more dung, he reached the second branch. Finally, after a fourth night, the turkey was proudly perched at the top of the tree. He was promptly spotted by a farmer, who shot him out of the tree.

Moral of the story: Bull Shit might get you to the top, but it won't keep you there